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A fabulous night at Trivia for Tanzania!

Health Australia & Tanzania (HAT) is holding its annual Quiz Night hosted by Ian Rawlings of Neighbours and Sons & Daughters fame!

Date: Sunday 7th September 2014

Time: 5.30pm arrival, 6pm start

Venue: The Pumphouse Hotel, 128 Nicholson St, Carlton

Entry: \$20 adults, \$10 concession, pay on the night

Food and drinks can be purchased

There will be games, great raffle prizes and trivia winning and runners' up prizes! Form a team or come along and join any of the teams. If you wish to attend, please email Ana at ana.peguero@hat.org.au or simply come along and enjoy the night.

All proceeds will go towards [Matumbo Village - Community Engagement & Marketing of Health Clinic Project](#).

Get those brains ticking! We are hoping to make the best quiz night yet!

Volunteering opportunities in Africa

Are you planning a trip next year? Are you adventurous and want to make a difference to rural African communities? If you tick all the boxes, then Volunteer Africa can help you!

Volunteer Africa (VA) is currently recruiting for 2015 volunteer experiences in Tanzania!

VA is a non-profit organisation who accepts volunteers from all over the world to do short volunteer stints (2-10 weeks) in Tanzania. Unlike other volunteer organisations, it is run by a team of committed return volunteers with two aims: enabling people to make a difference to the lives of rural Africans and to raise funds for our partner NGOs in Tanzania.

Volunteers meet in Dar es Salaam and undertake a week's language training before travelling together to a project site. Projects are coordinated and supervised by experienced project coordinators and volunteers contribute to the projects whilst being fully culturally immersed in a rural Tanzanian village.

This is an amazing life opportunity that will help rural communities and will definitely make you see the world through different eyes. Here are some words from one of the volunteers:

"Words cannot explain, the beauty, the culture, the people. What ever you think, read or hear people say about a place don't believe it all, experience it for yourself. It truly is a wonderful place, and I'm so grateful to be working with an organisation that is dedicated to making water, education and health available to women, children and men in rural areas of Africa. Thank you for this life changing opportunity HAPA!" Ray Thornton.

Visit www.volunteerafrica.org.au and live an unforgettable experience!

The easiest way to make a difference!

If you are looking to make a difference but don't have the time to travel, we also have an opportunity for you. We are looking for an enthusiastic volunteer to help HAT reach its fundraising goals by sourcing, packaging & distributing mixed nuts for sale alongside our delicious Cadbury chocolates.

Nuts and chocolates can be sold in work places. We are sure that everyone will enjoy some nuts or treat themselves to a piece of chocolate during work breaks! This is an easy way to raise funds while contributing towards the improvement of the living conditions of those in need.

If you think this is for you, please email our Volunteer Coordinator Tessa at tessa.saunders@hat.org.au and become a HAT volunteer!

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