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Welcome to the New Year!

Dear HAT Friends,

The HAT committee would like to wish you a Happy New Year and thank you for all your support during the past year. You are a very important part of our organisation and we really value your commitment towards our cause. We encourage you to get involved in our fundraising events and have a good time while making a real difference to health outcomes in rural Tanzania.

We look forward to working with you again in 2016!!

Health in 2015: from MDGs to SDGs

World Health Organization (WHO) identifies the key drivers of progress in health under the United Nations Millennium Development Goals (MDGs). It lays out actions that countries and the international community should prioritize to achieve the new Sustainable Development Goals (SDGs), which come into effect on 1 January 2016.

Almost all SDGs are directly related to health or will contribute to health indirectly. One goal (SDG3) specifically sets out to “Ensure healthy lives and promote well-being for all at all ages.”

The WHO report presents the latest data and in-depth analysis for the key areas outlined in the health SDGs:

- * reproductive, maternal, newborn, child and adolescent health;
- * infectious diseases including HIV, tuberculosis, malaria, hepatitis and neglected tropical diseases;
- * noncommunicable diseases (NCDs) including heart disease, cancer and diabetes;
- * mental health and substance use including narcotics and harmful use of alcohol;
- * injuries and violence; and
- * universal health coverage.

For the full report, please view [here](#).



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